

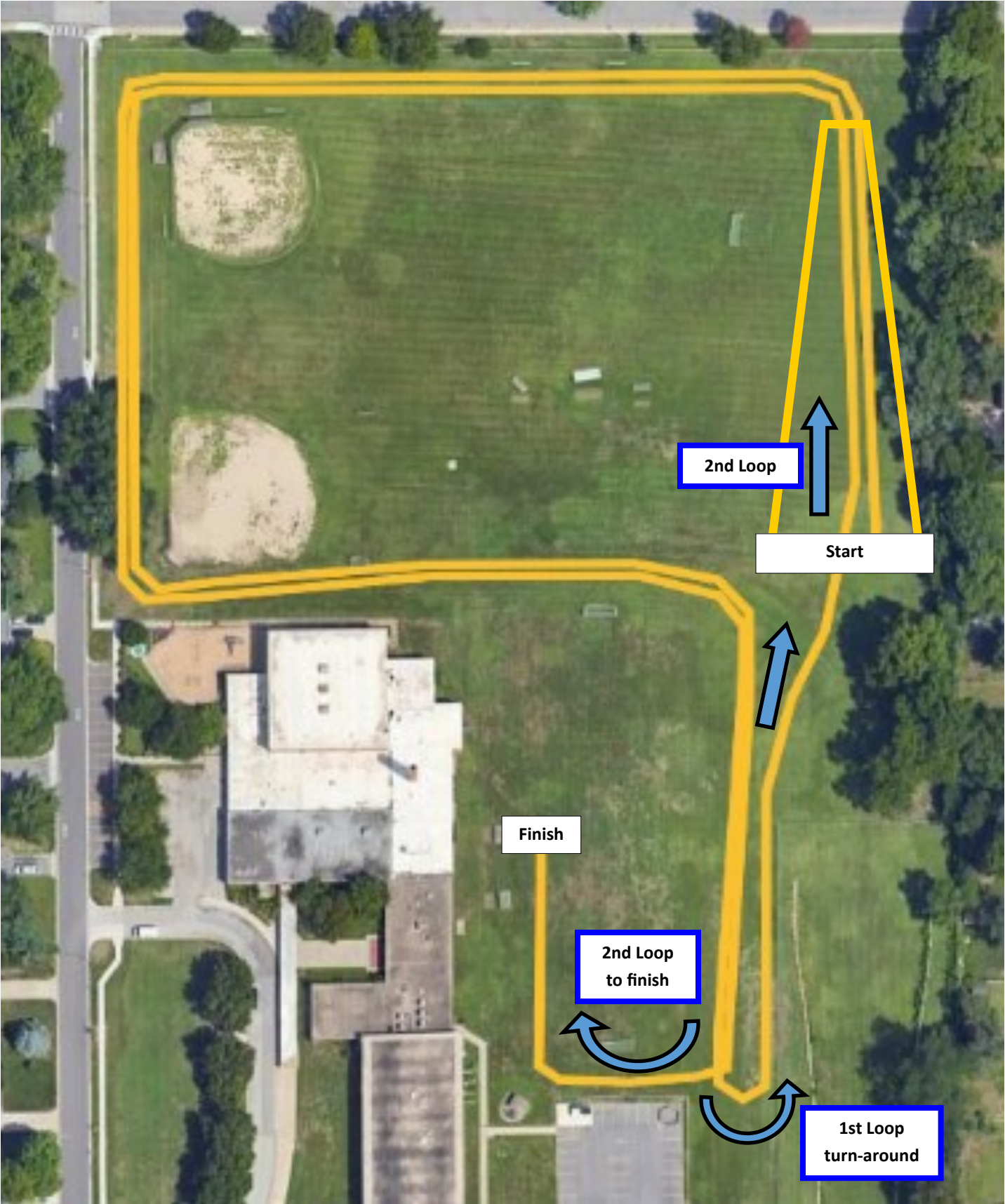
Miege CYO XC Course - 0.5 Mile

3rd and 4th Grade



Savior CYO XC Course - 1.0 Mile

5th and 6th Grade



Savior CYO XC Course - 1.5 Mile

7th and 8th Grade

The 1.5 Mile runners will complete the same double “north loop” as the 1.0 Mile runners.

As they complete the 2nd Loop, they will continue south, cross the street, run a lap “backwards” on the track.

(East side going out—West side coming in)

As they come around the south side of the track, they will continue north, cross the street again, enter the gate, and head straight north to the finish.

