

2023 CYO TRACK AND FIELD MEETS

Rainout line: 913-229-6215

Saturday, April 22, 2023

Mill Valley - NOTICE THE START TIMES AS WE HAVE A LATE START

MORNING

WORK ASSIGNMENTS

Corpus Christi 1 Long Jump
Holy Cross 1 Ball Throw
Holy Rosary Wea
Prince of Peace 1 Ball Throw, 1 Long Jump, 1 Shot Put
Sacred Heart 1 Long Jump, 1 Shot Put, 2 Track Crossing
St. Agnes 3 Curve Judge, 1 Long Jump
St. Ann 1 Ball Throw
St. John the Evangelist 1 Long Jump
St. Joseph 1 High Jump, 1 Shot Put
St. Paul 1 High Jump, 1 Long Jump
Xavier

APPROX

TIME	FIELD EVENTS **			
	HIGH JUMP	LONG JUMP	SHOT PUT	BALL THROW
10:00 AM	8 th Boys	8 th Girls	7 th Boys	7 th Girls
10:30AM	6 th Boys	6 th Girls	5 th Boys	5 th Girls
11:00AM	5 th Girls	8 th Boys	8 th Girls	7 th Boys
11:30AM	7 th Girls	6 th Boys	6 th Girls	5 th Boys
12:00 PM	5 th Boys	5 th Girls	8 th Boys	8 th Girls
12:30 PM	7 th Boys	7 th Girls	6 th Boys	6 th Girls
1:00 PM	6 th Girls	5 th Boys	5 th Girls	8 th Boys
1:30 PM	8 th Girls	7 th Boys	7 th Girls	6 th Boys

RUNNING EVENTS ORDER OF GRADE GROUPS

10:00 AM	3rd - 4th Grade	(200, 60, 120, 100, 400)	4th Grade, 3rd Grade
11:00 AM	(Approx) ***	1600 Meters 100 Meters Distance Medley Relay 60 Meters 400 Meters 200 Meters Medley Relay 800 Meters 120 Meters 400 Meter Relay	5 th Grade Girls 6 th Grade Girls 7 th Grade Girls 8 th Grade Girls 5 th Grade Boys 6 th Grade Boys 7 th Grade Boys 8 th Grade Boys

AFTERNOON

WORK ASSIGNMENTS

Ascension 1 High Jump, 1 Long Jump
Cure of Ars 3 Curve Judge, 1 Long Jump
Good Shepherd 1 Long Jump, 1 Shot Put
Holy Spirit 1 Long Jump
Holy Trinity 1 Ball Throw, 1 Long Jump, 1 Shot Put, 2 Track Crossing
John Paul 2 1 Ball Throw
SMA/NAT 1 Ball Throw, 1 High Jump, 1 Long Jump, 1 Shot Put

APPROX

TIME	FIELD EVENTS **			
	HIGH JUMP	LONG JUMP	SHOT PUT	BALL THROW
2:30 PM	8 th Boys	8 th Girls	7 th Boys	7 th Girls
3:00 PM	6 th Boys	6 th Girls	5 th Boys	5 th Girls
3:30 PM	5 th Girls	8 th Boys	8 th Girls	7 th Boys
4:00 PM	7 th Girls	6 th Boys	6 th Girls	5 th Boys
4:30 PM	5 th Boys	5 th Girls	8 th Boys	8 th Girls
5:00 PM	7 th Boys	7 th Girls	6 th Boys	6 th Girls
5:30 PM	6 th Girls	5 th Boys	5 th Girls	8 th Boys
6:00 PM	8 th Girls	7 th Boys	7 th Girls	6 th Boys

RUNNING EVENTS

3:00 PM	1600 Meters 100 Meters Distance Medley Relay 60 Meters 400 Meters 200 Meters Medley Relay 800 Meters 120 Meters 400 Meter Relay	5 th Grade Girls 6 th Grade Girls 7 th Grade Girls 8 th Grade Girls 5 th Grade Boys 6 th Grade Boys 7 th Grade Boys 8 th Grade Boys
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*Curve Judges report for relays only

** TRACK AND FIELD - no break between field events. As one gender/grade is completed, the next gender/grade will begin. Times listed are approximate.

*** The 1600 Meter will begin immediately following the conclusion of the 3rd - 4th Grade Events