

**2023 CYO TRACK AND FIELD MEETS**

Rainout line: 913-229-6215

Saturday, April 22, 2023

**Mill Valley - NOTICE THE START TIMES AS WE HAVE A LATE START**

**MORNING**

**WORK ASSIGNMENTS**

**Corpus Christi** 1 Long Jump  
**Holy Cross** 1 Ball Throw  
**Holy Rosary Wea**  
**Prince of Peace** 1 Ball Throw, 1 Long Jump, 1 Shot Put  
**Sacred Heart** 1 Long Jump, 1 Shot Put, 2 Track Crossing  
**St. Agnes** 3 Curve Judge, 1 Long Jump  
**St. Ann** 1 Ball Throw  
**St. John the Evangelist** 1 Long Jump  
**St. Joseph** 1 High Jump, 1 Shot Put  
**St. Paul** 1 High Jump, 1 Long Jump  
**Xavier**

**APPROX**

<u>TIME</u>	<u>HIGH JUMP</u>	<u>LONG JUMP</u>	<u>SHOT PUT</u>	<u>BALL THROW</u>
10:00 AM	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls
10:30AM	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls
11:00AM	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys
11:30AM	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys
12:00 PM	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls
12:30 PM	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls
1:00 PM	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys
1:30 PM	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys

**RUNNING EVENTS**

**ORDER OF GRADE GROUPS**

10:00 AM	3rd - 4th Grade	(200, 60, 100, 400)	4th Grade, 3rd Grade
11:00 AM	(Approx) ***	1600 Meters 100 Meters Distance Medley Relay 60 Meters 400 Meters 200 Meters Medley Relay 800 Meters 400 Meter Relay	5 <sup>th</sup> Grade Girls 6 <sup>th</sup> Grade Girls 7 <sup>th</sup> Grade Girls 8 <sup>th</sup> Grade Girls 5 <sup>th</sup> Grade Boys 6 <sup>th</sup> Grade Boys 7 <sup>th</sup> Grade Boys 8 <sup>th</sup> Grade Boys

**AFTERNOON**

**WORK ASSIGNMENTS**

**Ascension** 1 High Jump, 1 Long Jump  
**Cure of Ars** 3 Curve Judge, 1 Long Jump  
**Good Shepherd** 1 Long Jump, 1 Shot Put  
**Holy Spirit** 1 Long Jump  
**Holy Trinity** 1 Ball Throw, 1 Long Jump, 1 Shot Put, 2 Track Crossing  
**John Paul 2** 1 Ball Throw  
**SMA/NAT** 1 Ball Throw, 1 High Jump, 1 Long Jump, 1 Shot Put

**APPROX**

<u>TIME</u>	<u>HIGH JUMP</u>	<u>LONG JUMP</u>	<u>SHOT PUT</u>	<u>BALL THROW</u>
2:30 PM	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls
3:00 PM	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls
3:30 PM	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys
4:00 PM	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys
4:30 PM	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls
5:00 PM	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls
5:30 PM	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys
6:00 PM	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys

**RUNNING EVENTS**

**ORDER OF GRADE GROUPS**

3:00 PM	1600 Meters 100 Meters Distance Medley Relay 60 Meters 400 Meters 200 Meters Medley Relay 800 Meters 400 Meter Relay	5 <sup>th</sup> Grade Girls 6 <sup>th</sup> Grade Girls 7 <sup>th</sup> Grade Girls 8 <sup>th</sup> Grade Girls 5 <sup>th</sup> Grade Boys 6 <sup>th</sup> Grade Boys 7 <sup>th</sup> Grade Boys 8 <sup>th</sup> Grade Boys
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\*Curve Judges report for relays only

\*\* TRACK AND FIELD - no break between field events. As one gender/grade is completed, the next gender/grade will begin. Times listed are approximate.

\*\*\* The 1600 Meter will begin immediately following the conclusion of the 3rd - 4th Grade Events