

2021 CYO TRACK AND FIELD MEETS

WEEK #2

SATURDAY, APRIL 17, 2021

MILL VALLEY HIGH SCHOOL

Rainout line: 913-229-6215

MORNING

WORK ASSIGNMENTS

Corpus Christi	1 High Jump
Cure of Ars	3 Long Jump
Holy Name	
Holy Spirit	1 Shot Put
Holy Trinity	2 Shot Put, 3 Ball Throw
Prince of Peace	2 Track Crossing
St. Ann	1 High Jump
St. Joseph	3 Curve Judge

APPROX TIME	FIELD EVENTS *			
	HIGH JUMP	LONG JUMP	SHOT PUT	BALL THROW
8:00AM	8 th Boys	8 th Girls	7 th Boys	7 th Girls
8:30AM	6 th Boys	6 th Girls	5 th Boys	5 th Girls
9:00AM	5 th Girls	8 th Boys	8 th Girls	7 th Boys
9:30AM	7 th Girls	6 th Boys	6 th Girls	5 th Boys
10:00AM	5 th Boys	5 th Girls	8 th Boys	8 th Girls
10:30AM	7 th Boys	7 th Girls	6 th Boys	6 th Girls
11:00AM	6 th Girls	5 th Boys	5 th Girls	8 th Boys
11:30AM	8 th Girls	7 th Boys	7 th Girls	6 th Boys

RUNNING EVENTS ORDER OF GRADE GROUPS

8:00 AM	3rd - 4th Grade	(200, 60, 120, 100, 400)	4th Grade, 3rd Grade
9:00 AM	(Approx) **	1600 Meters	5 th Grade Girls
		100 Meters	6 th Grade Girls
		Distance Medley Relay	7 th Grade Girls
		60 Meters	8 th Grade Girls
		400 Meters	5 th Grade Boys
		200 Meters	6 th Grade Boys
		Medley Relay	7 th Grade Boys
		800 Meters	8 th Grade Boys
		120 Meters	
		400 Meter Relay	

AFTERNOON

WORK ASSIGNMENTS

Ascension	2 Long Jump
Good Shepherd	1 Shot Put
Holy Cross	
Holy Rosary Wea	1 Shot Put
John Paul 2	1 Shot Put
Sacred Heart	2 Track Crossing, 2 High Jump
SMA/NAT	3 Ball Throw
St. Agnes	3 Curve Judge, 1 Long Jump

APPROX TIME	FIELD EVENTS *			
	HIGH JUMP	LONG JUMP	SHOT PUT	BALL THROW
12:00 PM	8 th Boys	8 th Girls	7 th Boys	7 th Girls
12:30 PM	6 th Boys	6 th Girls	5 th Boys	5 th Girls
1:00 PM	5 th Girls	8 th Boys	8 th Girls	7 th Boys
1:30 PM	7 th Girls	6 th Boys	6 th Girls	5 th Boys
2:00 PM	5 th Boys	5 th Girls	8 th Boys	8 th Girls
2:30 PM	7 th Boys	7 th Girls	6 th Boys	6 th Girls
3:00 PM	6 th Girls	5 th Boys	5 th Girls	8 th Boys
3:30 PM	8 th Girls	7 th Boys	7 th Girls	6 th Boys

RUNNING EVENTS

ORDER OF GRADE GROUPS

1:00 PM	1600 Meters	5 th Grade Girls
	100 Meters	6 th Grade Girls
	Distance Medley Relay	7 th Grade Girls
	60 Meters	8 th Grade Girls
	400 Meters	5 th Grade Boys
	200 Meters	6 th Grade Boys
	Medley Relay	7 th Grade Boys
	800 Meters	8 th Grade Boys
	120 Meters	
	400 Meter Relay	

* TRACK AND FIELD - no break between field events. As one gender/grade is completed, the next gender/grade will begin. Times listed are approximate.

** The 1600 Meter will begin immediately following the conclusion of the 3rd - 4th Grade Events