

**2021 CYO TRACK AND FIELD MEETS**

**WEEK #3**

**SATURDAY, APRIL 24, 2021**

**MILL VALLEY HIGH SCHOOL**

Rainout line: 913-229-6215

**MORNING**

**WORK ASSIGNMENTS**

<b>Corpus Christi</b>	
<b>Good Shepherd</b>	2 Curve Judge
<b>Holy Rosary Wea</b>	1 Ball Throw
<b>Holy Spirit</b>	1 Curve Judge
<b>Holy Trinity</b>	2 Track Crossing, 2 High Jump, 2 Shot Put
<b>John Paul 2</b>	1 Ball Throw
<b>Sacred Heart</b>	3 Long Jump, 1 Shot Put
<b>St. Ann</b>	1 Ball Throw

**AFTERNOON**

**WORK ASSIGNMENTS**

<b>Ascension</b>	2 Track Crossing
<b>Cure of Ars</b>	3 Curve Judge
<b>Holy Cross</b>	
<b>Holy Name</b>	
<b>Prince of Peace</b>	2 High Jump
<b>SMA/NAT</b>	3 Shot Put
<b>St. Agnes</b>	3 Ball Throw
<b>St. Joseph</b>	3 Long Jump

<b>APPROX TIME</b>	<b>HIGH JUMP</b>	<b>LONG JUMP</b>	<b>SHOT PUT</b>	<b>BALL THROW</b>
8:00AM	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls
8:30AM	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls
9:00AM	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys
9:30AM	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys
10:00AM	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls
10:30AM	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls
11:00AM	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys
11:30AM	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys

<b>APPROX TIME</b>	<b>HIGH JUMP</b>	<b>LONG JUMP</b>	<b>SHOT PUT</b>	<b>BALL THROW</b>
12:00 PM	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls
12:30 PM	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls
1:00 PM	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys
1:30 PM	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys
2:00 PM	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys	8 <sup>th</sup> Girls
2:30 PM	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys	6 <sup>th</sup> Girls
3:00 PM	6 <sup>th</sup> Girls	5 <sup>th</sup> Boys	5 <sup>th</sup> Girls	8 <sup>th</sup> Boys
3:30 PM	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	7 <sup>th</sup> Girls	6 <sup>th</sup> Boys

**RUNNING EVENTS ORDER OF GRADE GROUPS**

8:00 AM	3rd - 4th Grade	(200, 60, 120, 100, 400)	4th Grade, 3rd Grade
9:00 AM	(Approx) **	1600 Meters	5 <sup>th</sup> Grade Girls
		100 Meters	6 <sup>th</sup> Grade Girls
		Distance Medley Relay	7 <sup>th</sup> Grade Girls
		60 Meters	8 <sup>th</sup> Grade Girls
		400 Meters	5 <sup>th</sup> Grade Boys
		200 Meters	6 <sup>th</sup> Grade Boys
		Medley Relay	7 <sup>th</sup> Grade Boys
		800 Meters	8 <sup>th</sup> Grade Boys
		120 Meters	
		400 Meter Relay	

**RUNNING EVENTS**

**ORDER OF GRADE GROUPS**

1:00 PM	1600 Meters	5 <sup>th</sup> Grade Girls
	100 Meters	6 <sup>th</sup> Grade Girls
	Distance Medley Relay	7 <sup>th</sup> Grade Girls
	60 Meters	8 <sup>th</sup> Grade Girls
	400 Meters	5 <sup>th</sup> Grade Boys
	200 Meters	6 <sup>th</sup> Grade Boys
	Medley Relay	7 <sup>th</sup> Grade Boys
	800 Meters	8 <sup>th</sup> Grade Boys
	120 Meters	
	400 Meter Relay	

\* TRACK AND FIELD - no break between field events. As one gender/grade is completed, the next gender/grade will begin. Times listed are approximate.

\*\* The 1600 Meter will begin immediately following the conclusion of the 3rd - 4th Grade Events